



## Jepson Freezes

*Science Hall Suffers Power Outage, Pipes Burst, Classes Relocate*

By Corey Byers  
Staff Writer

On Jan. 10, an electrical transformer caught fire in the city of Fredericksburg leaving the northern section of the Mary Washington College campus without power.

As a result, the heating system in Jepson Hall failed, allowing pipes to freeze and burst.

"Cold air was drawn into the building by the exhaust fume hoods which had continued to function after the heating pumps and air handling system had tripped offline," said Assistant Vice President for Facilities Services John Wiltmuth. "A comparison would be as if one failed to close a fireplace damper after the fire was extinguished."

The cold traveled through the air supply system causing pipes in over a dozen classrooms to burst.

In addition, Wiltmuth said there was a hazardous material spill that occurred when a container of Methyl Ethyl Ketone Peroxide in plasticizer was knocked over during the clean-up. The substance is applied as a type of glue or resin when used with various polymers. Exposure to it may cause

respiratory, eye and skin irritations as well as more serious effects. However, Wiltmuth said no exposures were reported.

Wiltmuth said access to the building was temporarily prohibited that morning and early afternoon. The Fredericksburg Fire Department contained and cleaned up the chemical spill area and allowed reentry into Jepson Hall at around 3:30 p.m. on Sunday.

According to Wiltmuth, Facilities Service workers were able to clean up the water that entered first and second floor classrooms by 1 a.m. on Sunday. Cleanup of damaged ceiling tiles and the inspection of computers along with various pieces of equipment started on Sunday and continued until Wednesday. There was extensive tile



The now re-opened Jepson Hall.

damage as well as limited damage to computers. Also, two sections of the building's deionized water system froze and broke.

Wiltmuth said the clean-up and total repairs expenses are separate from the science equipment and materials replacement costs. He estimates the cleanup cost will be around \$25,000 and said the college will be filing a claim with its insurer in

order to be reimbursed for damages.

On Sunday, faculty and students were notified by email about the situation. Wiltmuth said professors were allowed to enter the building to gather any materials necessary in order to prepare for their first week of spring semester courses. He said they had the choice of staying in the building while repairs were ongoing, but they were warned that individual heaters would

not be available and heat in the offices was not guaranteed.

Approximately 166 lectures and labs are taught in Jepson Hall on a weekly basis. The building is home to the biology, chemistry, environmental science, geology and physics departments. According to Susan Knick, director of events, conferences

► See JEPSON, page 2

## General Assembly To Vote Legislation To Formalize Name Change On The Agenda

By Conor Reilly  
Editor-In-Chief

The banner outside of Lee Hall boasts "Virginia's Next Great University: University of Mary Washington." But some are not so sure.

Last week, state senator John Chichester (R-Stafford) and delegate Mark Cole (R-Stafford) sponsored bills supporting the University of Mary Washington in the Virginia General Assembly. If these bills pass, Mary Washington College will officially change its name effective July 1.

However, there is still debate over the exact wording of the new name. Cole, a Mary Washington College alumnus, said he had noticed some opposition to the proposed name. But he also heard some favorable opinions. President Bill Anderson and the Board of Visitors told him that data supported the name University of Mary Washington.

"Personally, I would prefer Mary Washington University," Cole said. "But [University of Mary Washington] is certainly better than what they had proposed before."

The House Education committee debated Cole's bill on Wednesday and voted unanimously on University of Mary Washington and will send it to the full General Assembly.

Chichester did not return phone calls to *The Bullet*. Ron Singleton, senior vice president for advancement and college relations, said the college "retains professional council" but would not confirm if the college had hired a lobbying firm.

"Since there is opposition [to the proposed name] it would make no sense in providing information to help that cause," Singleton said.



Senator John Chichester

*The Bullet* has learned independently that the Mary Washington College Foundation hired the Vectre Corporation, a high-priced Richmond lobbying firm, to argue for the University of Mary Washington.

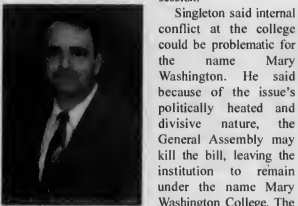
The Foundation is funded largely from alumni, parent and business donations. Christopher J. Whyte, a lobbyist for the Vectre Corporation and a Mary Washington College graduate, is heading up the campaign. Whyte did not return phone calls by *The Bullet* deadline.

Kristin Orstead, student government president, said she was in favor of either name because it preserved "Mary Washington."

"I'm on the fence," she said.

She added the Student Government Association was polling the student body to make certain they supported the popular name.

At an SGA information session on Tuesday night, Katie Leeman, chairwoman of the Legislative Action Committee, said a bill has been drafted supporting Mary Washington University. She said the bill has not been sponsored, but could be entered for consideration at any point during the General Assembly's winter session.



Delegate Mark Cole

Singleton said internal conflict at the college could be problematic for the name Mary Washington. He said because of the issue's politically heated and divisive nature, the General Assembly may kill the bill, leaving the institution to remain under the name Mary Washington College. The Board of Visitors might revisit names like

Washington and Monroe University or Washington University in Virginia at that point, according to

► See NAME, page 2



An inside look at the new fitness center.

## Gym Will Open At Last

By John Coleman  
Staff Writer

After much delay, the grand opening of Goolrick Hall's new \$3.2 million addition is scheduled for Saturday, Feb. 2, said Robert Liebau, associate director of the campus recreation and fitness center.

Although it is not open for regular exercise on Saturday, people will be able to tour the new facility from 10 a.m. to 6 p.m. The student staff, who are qualified in the use of the fitness equipment, will be there with Liebau to answer questions about the facility.

"It's going to be an open house event," Liebau said. "So people can become familiar with the new equipment."

Vendors of the fitness equipment will also be there to showcase equipment and answer questions, according to Liebau.

According to Mary Washington College officials, the 15,000 square foot addition includes a health center, a cardiovascular area with up-to-date StairMasters, treadmills, upright and recumbent bicycles, rowing ergometers, step mills and a climber station.

In addition, the facility contains a fitness evaluation office, lounge, laundry and equipment room, equipment

maintenance room, sitting area and office, as well as a weight room that will be open with extended hours to all students.

The new addition, which is connected to the auxiliary gym, will also be the new home of Mary Washington College's Office of Campus Recreation.

The two-story building will have the cardiovascular center on the second floor and the weight room on the first floor. The fitness center will not have physical education classes nor will sports teams reserve it, Liebau said.

Haley Builders of Ashland, Va. headed the construction of the facility that began in May of 2002 and according to a college press release, the estimated date of the addition's completion was scheduled to be in April 2003.

"Construction delays," Liebau said, were responsible for the 10-month delay.

The fitness center will be open Monday through Thursday, 7:30 a.m. to 10 p.m., Friday, 7:30 a.m. to 9:30 p.m., Saturday, 10 a.m. to 6 p.m. and Sunday, 12 a.m. to 10 p.m. starting Monday, Feb. 2.

"We're open to benefit the campus community," Liebau said.

## 5 Day Forecast

TODAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
Partly Cloudy/Wind	Mostly Sunny	Mostly Sunny	Snow Showers	Partly Cloudy
High: 41 Low: 17	High: 36 Low: 21	High: 47 Low: 26	High: 34 Low: 22	High: 45 Low: 33

## Verbatim ...

"They sent it to the lab to be analyzed thinking it was cocaine. Of course it came back as salt."

- Dr. Ilma Overman, page 4



## Police Beat

By ADINA YOUNG  
Staff Writer



**Dec. 3—**At 10:25 a.m., a resident assistant in Randolph Hall reported finding a beer bong in the room of a 20-year-old male student, campus police said. The student had already left for winter break, but an administrative referral was completed upon his return.

**Dec. 3—**At 8:42 p.m., a laptop was stolen from the room of a 19-year-old male student of Marshall Hall, campus police said. The door to the room was left unlocked, campus police said. The laptop was valued at \$2,000. The case is under investigation.

**Dec. 4—**At 3:30 p.m., a 19-year-old female student of New Hall had her 21-speed Mongoose bicycle, valued at \$500, stolen, campus police said. Friends told her the bicycle was in front of Trinkle Hall hanging from a tree. On Dec. 7 at 6:38 p.m. her bicycle was recovered by campus facilities.

**Dec. 7—**At 10:20 a.m., a 20-year-old female student reported her Huffy bicycle stolen from Seacobeck dining hall between Dec. 4 and 6, campus police said. She left her unlocked bicycle there three days prior. On the same day, at 12:45 p.m., an officer found her bicycle in front of Bushnell Hall.

**Dec. 8—**At 12:12 a.m., a resident assistant reported three 19-year-old female students drinking alcohol in Ball Hall, campus police said. Officers found empty bottles of wine and beer as well as a half a bottle of wine in the room. None of the females were heavily intoxicated. They were all referred to the administration.

**Dec. 8—**At 2:06 p.m., campus police reported a male was soliciting money from students on campus. Jared Hill, 22, of Fredericksburg, was found on campus walk, campus police said. Hill said he had no ID and just wanted money for gas so he could go to Harrisonburg. The man was issued a trespassing warning and escorted off campus.

**Dec. 8—**At 7:48 p.m., campus police approached a vehicle parked in the Sunken Road Lot. He discovered two female students, one 19 and the other 20 years old, in the vehicle. He also noticed two unopened bottles of wine in the backseat of the vehicle. The students said it belonged to another person who was driving the car who was of age. A 22-year-old male residential student was called and came to claim his wine.

**Dec. 8—**At 9:30 p.m., a 20-year-old female commuter student reported her Honda Civic stolen from the MWC Apartments, campus police said. She said she had given no one authorization to use it. At 10:30 p.m. that same night, she called police and informed them that her friend, a 20-year-old resident of Fredericksburg, had the vehicle. She did not press charges.

**Dec. 10—**At 1:14 a.m., a resident assistant of Jefferson Hall reported the smell of marijuana smoke on the first floor, campus police said. When the officer arrived, he smelled only cigarette smoke. The occupants of the room were an 18-year-old female, 18-year-old male and a 20-year-old male. They were found to only be smoking cigarettes, however, smoking inside Jefferson Hall is not allowed. The three students were referred to the administration.

**Dec. 10—**At 12:30 p.m., a 21-year-old

female residential student reported her 1986 Mercedes Benz stolen from the Woodard Campus Center Lot, campus police said. The student left the key in the ignition and went inside the campus center to check her mail. When she came out, her vehicle was gone. At 5:30 a.m., her vehicle was located at a Fas Mart in Spotsylvania County. The car was driven 200 miles. The fingerprints in the vehicle are being processed. The case is under investigation.

**Dec. 11—**At 3:14 p.m., a resident assistant reported a 20-year-old female student with several marijuana smoking devices, campus police said. A total of three smoking pipes were confiscated from her room. She was referred to the administration.

**Dec. 12—**At 6:21 p.m., an 18-year-old male of Mason Hall reported his I-pod mp3 player stolen from his room on the fourth floor, campus police said. The door was left unlocked. The value of the mp3 player is \$350. The case is under investigation.

**Dec. 12—**At 1:35 a.m., campus police were dispatched to campus walk in front of the Woodard Campus center, campus police said. When police arrived they discovered an 18-year-old male student of Mason Hall who was extremely intoxicated. He was arrested for being drunk in public. A court date was set for January 15, but the student prepaid the fine.

**Dec. 12—**At 10:47 p.m., campus police reported the door trim and wood around the front doors of Russell Hall were vandalized, campus police said. A lock was damaged and was malfunctioning. A locksmith fixed the door and a total of \$10 damage was done. The case is under investigation.

**Jan. 12—**At 2 a.m., campus police reported a person banging on the window of a female resident in Randolph Hall, campus police said. When campus police arrived, a 21-year-old male resident of Randolph Hall and a 21-year-old male commuter student were standing close to a black vehicle that was parked close to the window. When they were questioned about the incident they claimed to know nothing about it and left the scene. There was no damage done to the window. The case is under investigation.

**Jan. 12—**At 5:50 p.m., a male student reported his locked bicycle stolen from the bicycle rack in front of Mason Hall, campus police said. The student last saw his bicycle on Dec. 13, just before he left for break. The Trek mountain bicycle is valued at \$300. The case is under investigation.

**Jan. 14—**At 5:24 p.m., staff members of Chandler Hall called campus police about an adult student making threats, campus police said. The 28-year-old male student said if he did not get what he wanted then he would point a gun at a dean's head. The student was referred to judicial affairs.

**Jan. 16—**At 1:35 a.m., campus police observed three female students in front of Virginia Hall, campus police said. One student was being helped by the other two. All three of the 18-year-old female students were drinking but none were heavily intoxicated. The residence life staff was notified and they were referred to the administration.



## Stanton Celebrates Martin Luther King

Dr. Gregory H. Stanton, James Farmer professor of human rights and president of Genocide Watch, gave a lecture to the local community titled "Dr. Martin Luther King, Jr.: Love, Justice, and Non-Violent Resistance" this past Monday in Dodd Auditorium. This lecture was part of the annual Dr. Martin Luther King, Jr. Celebration and The Cultural Awareness Series at the college.

—Contributed by Emily Langley

## Jepson Back To Normal

### Classes Resume As Usual After Clean-Up Completed

#### ◀ JEPSON, page 1

and facilities scheduling, she was given the responsibility to list new classroom assignments for those lectures originally scheduled for Jepson Hall.

Wiltenthuth informed department chairs and the building secretary that they were allowed to use Meeting Room 1 in the campus center as a temporary department office. According to the school's Emergency Operations Plan this room is the emergency operations room.

Knick said classes were relocated to buildings throughout the campus. Some were held in the Lee Hall ballroom.

Elizabeth Rielly, a sophomore biology and chemistry student, had her classes held there.

"It was terrible," she said. "We had to write on our laps and people kept dropping their papers." Other locations on campus not normally used for teaching were converted into lecture rooms when chairs and white boards were added. Wiltenthuth said in an email to the faculty such rooms were not equipped with permanent video projectors but portable video and computer units would be made available to them.

According to Dr. David Jarrell, assistant professor of biology, one of the main areas affected by the loss of heat in Jepson Hall was the greenhouse located on the fourth floor. Plant collections stored there were affected by the

freezing temperatures. He had orchid plants as part of his collection which originated in China, Japan and regions close to the equator.

"Damage to the plant depends on where it was originally from," he said. "Those from high elevations have been exposed to cold before."

He also said whether a plant was damaged also depended on where it was placed in the greenhouse. Those closest to the windows suffered the worst while those hung along the rear brick wall were affected to a lesser extent.

Jarrell said what heat did remain in the building radiated through the brick and was able to keep those particular plants warm.

Jarrell said he had some orchids and other plants he used to collect data for past experiments.

A few have traveled with him throughout his career from the University of Delaware, to the University of California at Riverside and finally to Mary Washington College.

"Some plants that were lost or damaged were part of my doctoral dissertation," he said. "I've had a couple of plants since 1987."

Ultimately, he lost 15 to 20 plants. He said the school's insurance will be able to cover the cost of replacing them and they average between \$20 and \$30 per plant.

Jepson Hall was reopened Thursday, Jan. 15 and classes resumed as scheduled.



Jepson Hall.

## Got Flu? Epidemic Causes Chaos Among Students

#### ◀ FLU, page 12

Thirteen state health departments reported regional activity, Washington D.C. and Mass. reported no activity.

"Most people who get influenza will have [a] typical mild illness," Gerberding said. "It will be annoying. They might miss a day of school or a day at work, but they will recover without incident."

However, the Center for Disease Control recognizes growing concern over the epidemic.

"The bottom line is that we have not peaked the flu season this year," the Center for Disease Control said. "We will expect more cases."

In response to concern over shortages of the vaccine, Gerberding said, "We are receiving some reports of shortages, but we are also receiving reports from many jurisdictions where there is no apparent shortage and people can still access the vaccine."

**"The bottom line is that we have not peaked the flu season this year."**

**—Center for Disease Control**

According to Gerberding, shortages are occurring this year because the flu season hit earlier than normal and because more people have been getting the vaccine than normal. This caused the demand to overshoot the production schedule of the vaccine, which is done by private companies.

Typically, more than 36,000 Americans die each year from the flu, but they are usually either the very young or the very old.

For those unlucky students who have or think they have the flu, the Health Center takes appointments on Mondays and is open from 8:30 a.m. to 4:30 p.m. Tuesday through Friday for walk-ins and appointments.

The Center for Disease Control recommends that people who have contracted the flu get plenty of rest, drink plenty of liquids, avoid using alcohol and tobacco and take medication to relieve the symptoms.

However, they caution that children and teenagers who have flu-like symptoms (such as a fever) should never take aspirin without first consulting a doctor.

## Senate Name Debate

#### ◀ NAME, page 1

Singleton.

"If people are really interested in saving the name, this is the time to do it," he said. "The time for debate is through. We're at a critical point here."

Onstead was also concerned.

"This could be an embarrassing situation for the [Board of Visitors]," she said. "It could cause so much noise in Richmond that [no bill passes]."

President Anderson did not return several phone calls.

This is not the first time the college has

attempted to change its name. In 1985, the Board of Visitors voted to change the name to Washington and Monroe College in order to attract more male students. The college, though, could not find a sponsor for the bill in the General Assembly and was forced to remain Mary Washington College.

Last December, the BOV voted unanimously to send the name University of Mary Washington for General Assembly consideration.

The Senate was scheduled to debate the bill in the Education and Health Committee earlier today. A full Assembly vote will likely take place in late January or early February.

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# Viewpoints

## Editorial

### Speak Your Mind

Opinions about the war in Iraq, the Democratic Primary, and President Bush's tax cuts have dominated editorial pages of national newspapers.

The editorial pages of *The Bulletin*, however, have been dominated by stories about changing the name, parking, and *Bullet* headlines.

While the issues facing Mary Washington College are by no means trivial, the college community has failed to show concern for issues of larger scope and greater implications.

Where are the letters about college tuition increases and Governor Warner's new tax plan? One would intuitively expect the cost of an education to have bigger ramifications than a headline reading "Hurricane Isabel Blows MWC."

Letters about changing the name have flooded the editorial pages. It gets old.

It's obvious that students have opinions about broader issues. This is indicated by campus organizations such as College Democrats, College Republicans, and the Human Rights Club. But the casual observer reading the Viewpoints section may think otherwise.

*The Bulletin* welcomes letters to the editor and guest columns and by all means encourages students to use the college newspaper as a forum for expressing their voices.

### Open The Gate

As some residents of the MWC Apartments walk out of their way to cross the street at College Avenue, most save themselves about 10 minutes and jump the fence behind South Hall.

Jumping the fence is the fastest way for most Mary Washington College students to get from point A to point B.

But the constant traffic of Nike's, Sketchers and Nine West boots stepping on the brick wall to get over the fence has caused a substantial amount of damage. Some of the bricks have fallen and lay on the sidewalk.

But students still jump.

No matter how many police officers drive by, what kind of jaywalking laws exist or how many bricks fall, students are still gonna jump. Face it, it's a fact.

*The Bulletin* would like to offer the college some advice.

#### OPEN THE DAMN GATE.

If the college opened the gate it would save them a lot of money in repairs and make students very happy. And we know how much the college wants students to be happy.

## A Perspective From Iraq

### An American Soldier Responds To A "Misguided" MWC Student

By SARA CULLEN  
Guest Columnist

My name is Lieutenant Sara Cullen. I am a young Army Engineer Officer from Goodview, Virginia. I have been serving with coalition forces in Iraq since the start of the war in March and am currently sitting in my flack vest and Kevlar at Balad Airfield north of Baghdad.

Earlier this evening the best thing that has happened to me all week occurred when I received a letter from my little sister Jules who is a student at Mary Washington College. She wrote of a discussion in her class where students argued the fact that we are not at a state of war and one student, let's call her Sue, even bothered to challenge my sister and say that it is okay for the Iraqis to shoot at us because we are invading their homeland.

If we were invading their home for selfish reasons, for personal gain, I would have to agree. However, I am sure that we are here because we needed to take down a dictatorship where people were being oppressed and killed and that we were working to protect the world from a chemical war disaster?

In March when I entered this country, three days after the war broke out, the people were lined up along the road cheering and singing and asking for food and water, they did not seem to think we were oppressors. Three weeks later when I went through Baghdad on Easter Sunday children ran to the convoy and cheered and said "Bush Good, Saddam Bad." I will agree that this was being said so that we would give them food and candy, but it was apparent that there was a lot of truth coming from their lips.

On our way North we passed many Iraqis making a pilgrimage to Basrah that they had been forbidden to make for years due to an oppressive regime. I guarantee that those people were happy to see us here.

I am sure that the argument that Sue would make is that they were just afraid that they would murder them and that they were starving to death, and in some cases that could be true, but not in the vast majority.

An interpreter I once worked with still lives in Baghdad and gave an explanation for the continued dislike of Americans: We have cut off their power and water in some areas and it took four months to get a lot of it back. If Sue realized that Saddam used to cut off their power for up to seven days as a punishment to the city, then she might understand why they have suspicions that these outages are not due to war but are the United States trying to control them. They are of

course wrong in this assumption but frankly, for such a confused people, I can not blame them for being leery.

If Sue wants to know why Iraqis work for me it is because we are hiring them by the day to fix our bases here and are using local contractors as well. Sue would hear five dollars a day and say, "Those are slave wages!" but Sue does not know that a soldier used to make three dollars a month in the Iraqi Army and a doctor would make thirty dollars per month. It might now make sense to her why we have a line of cars, pedestrians, and people riding donkeys outside of our gate every morning begging to work for us making it look like a tailgate party. And yes, Sue, those wages are strictly regulated and go up with inflation so that the United States does not flood the economy, believe it or not we are really trying to help these people.

So now that I have made it seem like we are being well received and God's gift to Iraq then why am I sitting here in a flack vest and Kevlar listening to artillery go off? That reason is that some people remain loyal to Saddam Hussein, some are anti-Americans from Iraq and many other countries as well, and some are fighting back because they feel the US is doing more harm than good. These are the people with whom we are fighting a war. They send children to throw stones at convoys, they plant kids and farmers to sit and stare at our tower guards so that our weaknesses can be noted, and every night they start throwing mortars at our way.

We are forced to fire back but only in self-defense at an apparent threat.

Two of my soldiers have had their windshields blown out by IEDs (improvised explosive devices) while making supply runs that pose no threat whatsoever to the Iraqi people. So is that an act of terrorism and an act of war? Of course, they are deliberately attacking US troops to oppose allied forces, what else could be a more clear-cut sign of war?

The Iraqis that bring me gravel every day and every day ask me to marry them are not at war



with  
us,  
the  
little  
kid who  
waves  
every  
time I pull  
a camera out  
is not  
at war with  
us. But

whoever thinks that it is funny that my troops and I will have to sleep in kevlar and flack vests yet again is at war with us.

My response to this is that we do not want to be at war anymore. We want to help build up a war torn country and get home; a year is a long time away from the United States and our families and friends. The sooner people start cooperating—and the majority are—and want to aid the efforts to rebuild, the sooner we will get to pull out of Iraq.

Although I do not think that Sue is a bad American, I think she is a bit misguided. We are here to help, and most of Iraq wants to accept that help but some Iraqis and international terrorists want no part of America and continue to wage a war against which we will continue to defend ourselves.

When I walked through a room where tortures had been performed on anti-Saddam Iraqis, I knew we were right.

When I built a bridge where there is no access to the town for the donkeys and tractors to take the kids to a new American built school, I knew we were right.

When those men that I have been working with for three months cheer "LT" when I walk up, I know we were right.

When I hear those mortars blasting over my head I think that at least they are firing at people with the means to fight back this time, not just more defenseless Iraqis.

Sara Cullen is the sister of an MWC student

Whoever thinks that it is funny that my troops and I have to sleep in kevlar and flack vests yet again is at war with us.



A normal day at Jepson

The week the pipes burst

Mary Washington College students returned to campus to find out that pipes in Jepson Hall had frozen and burst. Science classes were moved to Lee Hall Ballroom and Great Hall for the first week of the semester Jepson Hall reopened for classes this week.

**The Bulletin**

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Serving the Mary Washington College Community since 1922.

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#### Letter and Editorial Policy

The Bulletin is always eager to receive letters to the editor and guest columns, and every effort is made to print them.

Letters should be submitted the Monday before publication. Letters should be no longer than 300 words, and columns should not exceed 700 words.

We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to The Bulletin at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seabrook Hall or sent to our email address at bulletin@mw.edu. Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff.

But the American public does not have to feel exploited by today's media. Action lies in the hands of consumers. The minute people stop buying the products and watching the programs they find so offensive is when marketers will alter their approach.

If consumers want to see a change, all they have to do is make one.

Mary David is a sophomore



# Features

## SALT: Condiment or Cure-all?

By Laura Dickinson  
Staff Writer

I should be in class. It's Tuesday morning and I am nestled in bed with a box of tissues. My throat is dry, rough, and I am desperate for a remedy.

I croak to my roommate to toss me the brown paper bag Mary Washington College's Health Center gave me yesterday. She hands it to me and I lift my throbbing head and dump the contents onto my bed. Aspirin, decongestants and cough drops quickly get lost in the sheets.

Noticing something still at the bottom, I give the bag an extra shake. Out slides a clear bag filled with white powder.

I hold the bag up to the light, then touch a pinch of the powder to my tongue like the cops do on TV.

It's salt.



Mary Washington College's Health Center has passed out bags of salt to students for the past 30 years. Dr. Ilma Overman has been in charge. She said since she has practiced at the college, nurses have only given salt to students with sore throats.

Although she believes that most students use the salt the way they are instructed, that is to gargle it with warm water, Nurse Nancy Yeats stated with a smile, "I am sure some use it on

their popcorn."

Some students feel the Health Center gives salt out more often than needed. Junior Rebecca Jones said, "I think it's wasteful because they give it out no matter what you go in there for."

For the sake of all sick students I ask, is salt a cure, or just a placebo?

"With all thine offerings thou shalt offer salt," Moses, Leviticus 2:13

According to Yeats and Overman, about 30 years ago, Mary Washington College police found a bag of white powder while searching a student's room.

"They sent it to the lab to be analyzed thinking it was cocaine," Overman said. "Of course it came back as salt. We still get a kick out of that."

Now, almost 30 years after this incident, Yeats said she hands out between 15 to 20 bags of salt a day depending how many students come into the center.

"We buy the salt in 25 pound bags and go through about 200 to 300 pounds of salt a year," she said.

By the end of this year, approximately 3,200 bags of salt will be passed out. According to Yeats, a housekeeper usually fills the bags of salt when they run out.

Melissa Yakabouski, who graduated from Mary Washington College in 1994, remembers the Health Center giving out salt to students.

"I think I only went to the Health Center once, but my friends always came back with salt. Everyone agreed that it was all they gave you," she said.

Mary Washington College's Health Center is



Salt as a condiment.

Courtesy davidmays.com

not alone in handing out salt to students. The College of William and Mary and the James Madison University Health Centers also pass out bags of salt to students to gargle with.

The College of William and Mary only passes out salt to students about five times a week, not up to 15 bags a day like Mary Washington College.

Virginia Tech's Health Center recommends salt to students with sore throats but does not hand out bags of salt.

Alumna Laura Hensley said, "I think the bags of salt from the Health Center are wild. I went there for a kidney infection and I got a bag of salt. Go figure."

► See SALT, page 5

## A Wintery Mix of Students' Break Stories

By Niki Larson  
Staff Writer

From orphanages to male strip clubs to nuclear research, Mary Washington College students spent their winter breaks in many different ways.

When the Campus Christian Community (CCC) took a trip to Haiti over winter break, junior Deanna Lavery was all for it.

After Lavery had interned in Miami over the summer, she was eager to return to the Haitian population she had become acquainted with there. She was captivated by the Haitian culture through the different people she befriended.

Fortunately for Lavery, the CCC organized a trip to Haiti during the month-long winter break.

"I wanted a chance to learn more about Haitian culture and language and to get a chance to learn from their way of life," Lavery said.

Lavery and other members of the CCC traveled to Port-Au-Prince, where they stayed in a hostel called The Walls. During their stay, members worked at a local school in Blanchard, Haiti where they painted walls, added a second floor and carried cement blocks.

"Some of the group also built desks for children at a school in City Soleil where there was no place for them to sit or write," said Lavery.

Sophomore Rachel Hundley was another student who joined the

CCC in Haiti. Hundley quickly learned that Port-Au-Prince is one of the poorest cities in the Western Hemisphere. She found that paved roads are somewhat of a luxury while hot water and plumbing are nowhere to be found.

Hundley was particularly moved by her visit to the Sisters of Mercy Orphanage, which houses sick people from all over the world. This orphanage in particular took care of children with tuberculosis, HIV/AIDS and severe malnourishment.

Many of these children were left on the sidewalk in front of the orphanage. Even sick children with parents were abandoned there because many parents believed their children were too sick to survive.

Parents would stop visiting them so they wouldn't have to see their children die.

Many children are simply left on the streets with nothing, Hundley said.

She acknowledged that the visit was bittersweet because the CCC could only spend an hour with the children.

"These children are starving for affection and the images of those children staring up at me with their beautiful brown eyes will stay with me for a long time," Hundley said. "My week in Haiti changed my life forever and certainly made me appreciate everything that I have, from the food at Seaco to the Marshall hill. I am lucky to live

in this country and lucky to have had the opportunity to interact with the friends that I met in Haiti."

Some students had different traveling experiences over winter break.

Junior Dana Miles went to West Palm Beach, Fla. with her family. She got the chance to soak up some rays in the 70-degree weather. She also tried surfing for the first time.

"It was awesome experience even though I was terrible," Miles said.

While some went south for the winter others went north. Junior Sarah Notter and her friends went to Niagara Falls on Jan. 2 for her friend's 21st birthday.

"We wanted to capitalize on the lower drinking age for those of us who weren't 21 but still wanted to celebrate," Notter said.

Notter and her friends went to a male strip club called Peppermint where they drank and partied until 3 a.m.

Junior Mike Hoover didn't have the opportunity to take any day trips or vacations to a warm-weather state. Instead, Hoover spent his winter break working 40 hours a week doing facility services at a nuclear research site in Lynchburg.

While he maintained that he cannot exactly talk about his job in specific detail due to issues of confidentiality, he said, "I spent most of my time digitizing a nuclear/chemical hazards safety report for fire plans."

Junior Jameson Cowan went to San Diego with her friends where she stayed at Mission Beach. While there Cowan ate at a restaurant called Kansas City Barbeque where a scene from "Top Gun" was filmed.

"For New Year's Eve we went to the Gaslamp district where there are a bunch of bars and restaurants in a long strip of streets," Cowan said. "We ate at a place called the Yardhouse Brewery, where they have 106 beers on tap and we ended up staying there because there was no cover charge and went downstairs in the place to dance."

The next day Cowan and her friends got a chance to see a New Year's parade called the Big Balloon Parade.

"There were a ton of people from Washington and Texas because the Pacific Life Bowl game was the next day," Cowan said.



Students from the CCC in Haiti.

Courtesy Rachel Hundley

## Thumbs Up... Thumbs Down...



To American Idol starting this week.



To the freezing weather but lack of snow days.



To the Haribo grapefruit candies at the Eagles Nest.



To potholes on all the roads.

# Health Center Offers Students Salty Solution

4 SALT, page 4

"Without salt, there is no end to blandness"- Chinese proverb

Although salt probably won't do anything for a kidney infection, it might help a sore throat. According to an article in Women's Network by Douglas Hoffman, the inflammatory response from a viral or bacterial infection makes the throat itchy or irritated. Salt draws out the moisture that causes the swelling. If you have ever put salt on a snail you can imagine the effect.

Family Nurse Practitioner Shelia Snow of Medic 1 in Fredericksburg recommends salt for sore throats.

"I have never questioned 'Why salt?' But I know salt draws infection from the cells and is best for those who have a viral infection since there is no real cure," she said. "Blood will rush to the tissues and soothe some of the soreness."

Yeats described why she hands out salt. "Salt will cut drainage and infection and will also cleanse," she said. "The heat brings white blood cells to the throat."

Overman, of the Mary Washington College Health Center, agrees with this statement and adds, "Although salt does not cure a sore throat, it does quicken the healing processes since more white blood cells are drawn to the area."

But not everyone agrees that salt works as well as an apple a day to keep the doctor away.

Senior Meghan Housley, a patron of the Mary Washington Health Center, is more skeptical of the powers of salt.

"I think the bags of salt are kind of pointless. Have you ever gone to your family doctor and walked away with a bag of salt? I personally never have," Housley said. "To me it's kind of like the Health Center isn't quite sure what's wrong with you so they throw a bag of salt your way as a means of doing something and hoping it works."

Barbara Ryzcok, an ear, nose and throat specialist in Fredericksburg, sometimes recommends salt but has never given it out to patients.

"It alleviates some of the symptoms but is not a cure," she said.

Maria Deluna, an Alexandria Primary Care Physician, does not often prescribe salt to patients with sore throats.

"Since salt does not kill bacteria, I usually prescribe chloroseptic spray to almost all patients with sore throats," she



Courtesy mortonsalt.com

Morton Salt is one of the largest salt suppliers.

said. "I can't think of the last time I have told someone to gargle. Salt is just a symptomatic relief, not a cure."

"With salt shall I revive the dead mouths of desire?" - Saint-John Perse

Salt's career in medicine started thousands of years ago.

Some of the first records about using salt as a medicine are Egyptian hieroglyphics.

John Nunn states in Ancient Egyptian History, "Salt had a very wide use, being taken by mouth, by enema, or as an anal suppository."

In his book, "Salt: A World History," Mark Kurlansky wrote, "Salt was used as a medicine for a wide variety of complaints from toothaches to upset stomachs to 'heaviness of mind' during the Middle Ages."

Without salt, soldiers died on battlefields hundreds of years later. Kurlansky wrote, "As generals from George Washington to Napoleon discovered, war without salt is a desperate situation. In Napoleon's retreat from Russia, thousands died from minor wounds because the army lacked salt for disinfectants."

Bruce O'Brien, a history professor at Mary Washington College said, "Salt has been used as medicine for centuries. Very few people are allergic to salt. Maybe that is why it is still used today. Also, you can't build up an immunity to it."

Today the tradition of using salt continues as illnesses encountered on Mary Washington College's campus are combated with this age-old remedy. There must be a reason salt has been a medicine for thousands of years. Maybe it really does work.

"Add your grain of salt." - French Expression

Salt water is not the most appealing thing to pour in one's mouth. In order to make the process relieve the pain at least for a little bit, everyone seems to have his or her own recipe.

When handing out bags of salt in the exam room, Yeats tells students to put about a pinch of salt in warm tap water. She advises that students gargle at least four times a day.

Senior Ashley Heimall says when gargling, she makes sure the bottom of the mug is covered with salt before she adds water.

The Web site WebMD suggests gargling at least once each hour with warm salt water (1 tsp. of salt in 8 fl. oz. of water) to reduce swelling and throat discomfort.

The literature the Health Center passes out to students, The Healthy Life Student's Guide, says, "For a sore throat gargle every 2 to 3 hours with a solution of 1/4 teaspoon of salt mixed in 1/2 cup of warm water."

Morton Salt Company has the same recipe. "It's like taking a liquid lozenge," it said. They don't mention it is not as pleasant.



When my throat hurts, I don't usually have the energy to find a measuring cup. So when I used up all the good-tasting cough drops, I grabbed the bag of salt and stumbled into the bathroom. Maybe gargling would ease my pain, at least for a little bit.

After dumping a dime's worth of salt into warm tap water, I examined the grayish swirl. Maybe that was too much. Oh well. I raised my mug to the reflection of a blotchy face with swollen glands in the mirror above the sink. I cheered to the possibility of relief and began to gargle.

## The Pet Cemetery

Alumnus Helps Build Animal Crematorium

By Kiara Kerwin  
Assistant Features Editor

When recent Mary Washington College graduate Rob Bowen returned home last summer, he faced a backyard filled with dead pets and a new summer job: to build a pet crematorium.

Bowen, a computer science major, lives in semi-rural Lebanon, New Hampshire. Connected to his house is his father's veterinary clinic. It was here that Bowen spent the summer building a pet crematorium alongside his father.

His father's practice primarily focuses on dogs and cats.

"But we do put down the occasional bird," Bowen said. "Actually one time there was an old lady that wanted to be buried with her bird."

The Bowens' clinic occasionally experiences a backlog of dead animals.

"Last winter it was so cold that the ground was frozen and people couldn't bury their pets in their backyards," Bowen said. "We had animals up the yin yang."

Other local vets do not provide crematorium services for pets, so the Bowens pick up the slack. The animals, which generally arrive at the clinic frozen, stay outside until they are cremated.

"That can get kind of stinky," Bowen said.

There were so many dead animals coming in last year that the veterinary practice needed a second crematorium.

"Building a pet crematorium was not the most fun thing to do, but it was interesting," Bowen said.

Building the crematorium was a big undertaking, Bowen said. Several problems presented themselves. First, a hoist that was used for heavy materials started to bend, so the Bowens rented a forklift. Additionally, steel

beams for the interior of the furnace that were being driven to the site fell off a pickup truck onto the road.

Thirty bags of cement and many hours of welding later, the new gas-powered crematorium was finished. At completion, the structure, including the smokestack at the top, was over 12 feet high.

Not only did Bowen help to build the crematorium, he also went to pick up the animals that eventually ended up in it.

"I had to take my van and stuff dead dogs in it, and not all of them were frozen," he said. "I remember in particular a Great Dane that really smelled."

On one especially hot summer day the backlog of pets was so high that Bowen had to pick up a bag filled with multiple animals. He does not remember what kind of animals they were.

"I didn't take a closer look after I saw the maggots and a dark viscous liquid leaking onto my shoe," Bowen said. "I'm not ashamed to say I screamed like a girl—which my dad laughed at me for later."

Bowen is not enamored of animals, but doesn't dislike them either.

"Cats are predictable but I'm kind of scared of dogs—I was attacked by a German shepherd once," he said. He also had his leg humped several times this summer but was not bothered by the attention.

"I was used to it," he said. Bowen has helped with some unusual cases. He once removed porcupine quills from a dog's face, which he thought was "kind of fun."

A more difficult case involved a dog that came in with a tennis ball stuck in its throat. The dog tried to bite whenever Bowen or his father attempted to get the ball, and was not cooperative in being sedated. Finally Bowen was able to wrestle the dog down so that his father could remove the ball with a special claw-like tool.

Bowen is not at all uncomfortable with the jobs he helps his father with, nor did he need any special training.

"I grew up around this and learned the routine," he said. "I even remember pulling dead animals around in my little red wagon as a small child."

Despite his unusual summer job, Bowen said, "I had a normal summer. But I know I do not want to be a vet. It's a thankless job."



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Courtesy Rob Bowen

Rob Bowen (right) with his father as they build a pet crematorium for the family's vet practice.

# Sports

## "Cath-O-lic This!"

Eagles drain 12 three-pointers, take first place in CAC

By Tom Borak  
Sports Editor

Men's basketball assistant Cris Hairston stood behind the Eagles' bench prior to last Wednesday's game against Catholic University with a mischievous smile on his face.

"We're ready for this one," he said, watching the team warm up on the other end of the court. "We've been practicing well lately and working real hard at doing the little things right."

If by "little things" Hairston was referring to draining three-pointers, you might as well call him Miss Cleo. The Eagles knocked down 12 shots from outside the arc en route to a 70-65 victory over nationally ranked Catholic University and claimed sole possession of first place in the Capital Athletic Conference standings.

"We've got good guards," said head coach Rod Wood. "Tonight we had all of them hitting their shots."

Down eight points at halftime, the Eagles got fired up. Junior Jon Hurd opened the second half with an eight-point outburst connecting for a two-point jumper and back-to-back threes, the second of which catapulted Mary Washington on a 9-0 run.

"It was fun coming out like this," said Hurd,



Game, Set, Match.

whose five three-pointers and 23 points led all scorers. "I've been going through a couple dry spells and tonight I got hot."

The Eagles were trailing 49-38 when Hurd started the rally.

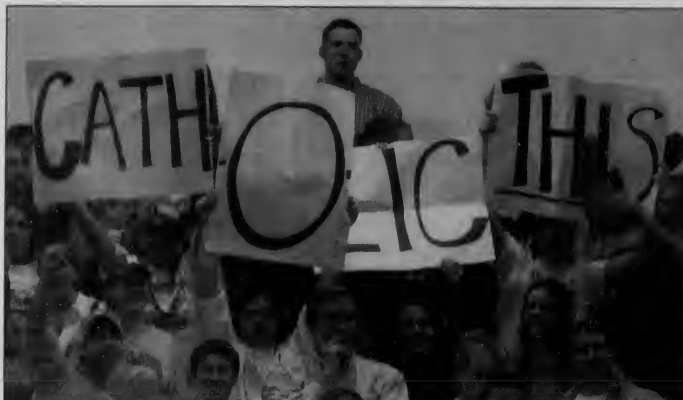
After freshman Mike Lee sank another three from downtown, sophomore Kevin Moore block on the other end of the floor to give the ball back to the Eagles. Senior Erik Rodriguez buried a three to complete the run and drive the packed house at Goolrick Gymnasium into a frenzy.

With Catholic clinging to a four-point lead, Lee and sophomore Ian Summers each netted a pair of free throws to

tie the game at 51 with 9:25 remaining in the game. Three minutes later Lee, who had a huge game with 21 points, delivered again with a two-point tally to give the Eagles their first lead of the second half.

With just over two minutes to play in the game and Mary Washington trailing by two, Rodriguez came up with another huge play breaking up a pass at the top of the key and knocking the ball towards the Eagles' bench where it was recovered by a diving Evan Fowler. On the ensuing inbound play, Rodriguez nailed another three-point shot to give the Eagles a one-point advantage.

After a Lee lay up drove the Eagles' lead to three, Rodriguez came through with another steal and called a time out with 29 seconds left on the clock. Catholic had no choice but to foul Jon Hurd who buried both of his free throws to seal



Enthusiastic fans provide a huge advantage for the CAC leading Eagles.

Peter Kelly/Bullet



Mike Lee.

the victory for Mary Washington.

"The crowd was a major factor in this game," said Hurd. "They wouldn't let us give up."

Lee agreed.

"It was huge," he said. "I've been motivating fans to come out from the first day. They brought energy even when we were down ten."

Despite a strong first half from the land of three (7-14), Mary Washington managed only three buckets from inside the arc for a dismal 17.6 field goal percentage. The Cardinals posted a 46.4 percent overall mark and hit four of seven three-pointers to take an eight-point lead into halftime.

The tables were reversed in the second half as the Eagles drained 52.4 percent of their shots and outscored Catholic 37-24.

"We stopped the fast break and the second half points," said Wood. "This is a great win for us.

We played very composed."

After dropping a game at St. Mary's College on Jan. 17, the Eagles overall record stands at (8-6, 3-1 CAC).

**The Eagles' next home game is Saturday, Jan. 24 at 4 p.m. against Salisbury University.**

## Wood is Burning

By Tom Borak  
Sports Editor

When Mary Washington's men's basketball team defeated Catholic 70-65 last Wednesday, the CAC standings were not the only thing cast into upheaval.

During the post-game handshake between the two teams, a confrontation between the Eagles' head coach Rod Wood and Catholic's head coach



Head coach Rod Wood.  
Peter Kelly/Bullet

physical confrontation, after which Wood had to be physically restrained from going after Loneragan by Mary Washington players and coaches, was the culmination of several incidents that occurred throughout the game.

The catalyst for the final outburst came sometime between one and three minutes left in the game. Loneragan called Eagles' senior guard Evan Fowler over to the Catholic bench and asked him to tell Wood that he was a "f---ing pu---."

During a Mary Washington time out with only seconds remaining in the game, Fowler dutifully relayed Loneragan's remarks.

After hearing what Loneragan had to say about him, Wood laughed and replied to Fowler, "I wish he was as good a loser as he is a winner."

After the game, Wood made an attempt to talk to Loneragan, but Catholic's coach did not want any part of it.

In a statement released via email, Loneragan said, "I was shaking hands with coach Wood saying 'good game,' and he held my hand tightly and would not let me go in a very confrontational way while cursing at me. I pulled my arm away quickly. There was no push or shove."

After the game, one of Catholic's assistant

coaches apologized for Loneragan's behavior and said, "That's the sort of thing that will get him fired."

In his statement, Loneragan offered his congratulations to Mary Washington for the victory, but did not offer any apology for his actions during or after the game.

The pressure of the game really began to heat up with 22 seconds left in the first half. The Eagles had possession of the ball when the shot clock was reset incorrectly. This mistake gave Mary Washington enough time to run out the clock and make sure the last shot was theirs.

This discrepancy led Loneragan to leave his coaching box and walk out onto the court while the Eagles had possession on his end of the floor. Loneragan tapped the official on the shoulder and play was stopped. This action usually results in a technical foul, which would have given the Eagles two free throws and possession of the ball.

Loneragan was not called for the foul, which led Wood to charge out onto the court in protest. He got as far as mid-court before sophomore Ian



Loneragan and Wood meet with an official.

Summers cooled him down and turned him back towards the bench.

◀ See **WOOD**, page 7

## Upcoming Events...

- Jan. 24 - Men's Basketball vs. Salisbury 4 p.m.
- Jan. 24 - Women's Basketball vs. Salisbury 2 p.m.
- Jan. 24 - Men's and Women's Swimming at Gettysburg 2 p.m.
- Jan. 24 - Indoor Track and Field at Dickinson College 5 p.m.



# Eagles out-swim everything, even Man-O-War

By James Tramel  
Assistant News Editor

This year's Mary Washington College swim team picked up where they left off last year with a combined record of 20-3 heading into winter training in Miami where they met a new opponent off the Florida Atlantic Coastline: a swarm of Man-O-War.

"It was a good training trip," said Freshman Maureen Greenlee. "Except for being attacked by Man-O-War."

While training, the team swam two practices a day. According to junior Matt McLaren, during one morning practice four swimmers were stung by the Man-O-War, a jellyfish-like aquatic invertebrate. Some were treated by beach lifeguards at a nearby rescue station.

"They put on some kind of gel, which helped a lot," said McLaren.

"It felt like someone burned you with a really hot pan," said freshman Stacy Brezina, who was unable to swim the rest of that day, after one of the Man-O-War wrapped around her arm and shoulder. "I couldn't lift my arm that night. My mom said it probably paralyzed my arm."

Brezina said it felt numb for two more weeks, but was able to move it the next day to swim.

"It was really gross," said sophomore Brian Craddock, who was scared across the abdomen and midsection by the stinging coelenterates.

"The tentacles stayed on my body after I got

out, and coach and I had to pull them off. It felt like fire."

Man-O-War inhabit the coast of Florida and most of the world's oceans, according to Dr. Werner Wieland, professor and chair of the Biology department at Mary Washington College.

"Man-O-War are related to jellyfish, but they're more closely related to hydra," Werner said. "They are not that uncommon."

The Hydrozoa class contains the *Physalia* species, or Portuguese Man-O-War. Portuguese Man-O-War is a free-swimming organism with tentacles hanging from the float, or main body, of the organism.

Tentacles may reach up to 100 feet in length and contain up to a million nematocysts according to emedicine.com, an online informational database.

Close to 9000 species of coelenterates, or cnidarians, are known, of which approximately 100 are toxic to humans.

Two confirmed deaths have been attributed



Brian Craddock shows off his battle scars from the Man-O-War.

has done just that for most of the season, despite their aquatic encounters in Little Haiti, Miami and its nearby beaches.

The Mary Washington College men's and women's team both recently won the Franklin & Marshall Invitational, topping eight other competitors. The men's team won with a strong 432 point margin over the nearest competitor.

to Portuguese man-of-war, although none on this trip. All swimmers practiced that afternoon.

The team drove forward the rest of the week, continuing a weekly regimen of swimming over 7,000 meters a day, or 6,655.29 yards, which is the equivalent of 4.34 miles a day.

"I really have nothing to say about the Man-O-War," said head Coach Matt Kinney. "I'm focused on swimming, and winning conferences."

The swim team to Portuguese man-of-war, although none on this trip. All swimmers practiced that afternoon.

"I think winning at F&M was our biggest victory this year," said Senior Jason "Tex" Lancaster. Lancaster got his name "Tex" during one of his first practices his freshman year. "I guess it was because they noticed an accent," he said.

Lancaster, a Houston native, wears a cowboy hat to the start of every race.

"Our season looks pretty strong this year. Our men's relay team is looking to earn its first invitation to NCAA finals," said Lancaster.

The men's swim team has defeated every opponent in their conference, as well as Division I schools, Georgetown and Howard University. The women also won at F&M, for their third victory there, 1455.5-1284.5.

The MWC women now hold every Capital Athletic Conference record, except the 100 backstroke, thanks to an exceptional performance by Freshman Maureen Greenlee in the 50 Freestyle.

She won the 50 Freestyle against Georgetown University with a time of 24.41 seconds.

"I just really wanted to beat Georgetown," said Greenlee.

Although the Women's team came close, they fell to the Georgetown Bulldogs, 114-91.

Coach Kinney is not discouraged, and is looking at another win at conferences and beyond.

"We may put up a couple of national qualifiers this year," Kinney said.

## Eagles drop close one to Catholic

By Dave Buschenfeldt  
Staff Writer

The Mary Washington women's basketball team lost a hard fought game, 65-57, against Catholic University last Wednesday night. In a game that went right down to the wire, Catholic used tenacious defense and clutch free throw shooting to pull out the victory.

Despite the loss, the Eagles scored a moral victory by keeping Catholic close throughout the game. The Cardinals have averaged nearly 80 points per game this season and have outscored their opponents by an average of 15 points.

"I thought the girls played very hard and very well," said Eagles coach Deena Applebury. "They did a great job, but we just couldn't pull it out at the end."

Catholic went to full court pressure early in the first half in an attempt to throw off the Eagles' rhythm on offense. The inside presence of Catholic's 6'1" junior, Haley Jones, forced the Eagles to take more outside shots resulting in long rebounds and fast break opportunities for the Cardinals. The strategy worked as their press forced Mary Washington to turn the ball over and helped Catholic build an early lead.

Even though they fell behind, the Eagles didn't give up. Sophomore Jenn Olinger nailed back-to-back three pointers to give Mary Washington the lead at 31-27 with four minutes remaining in the first half. The Eagles turned up their defensive intensity and sophomore Laura Vigliotti had a ferocious blocked shot that

brought the crowd to its feet.

Mary Washington closed out the half on a 21-10 run and went into the locker room leading 33-30.

In the second half, Catholic went into a 2-3 zone, trapping every time the ball was passed. Instead of attacking the zone with the dribble, the Eagles settled for shooting three pointers. Unfortunately, on this night the shots weren't falling as they hit only four of 13 threes in the second half.

Mary Washington was able to keep the game close. A late rally by the Eagles brought them to within two points with only 44 seconds remaining. The Eagles were then forced to foul Catholic and hope that they would miss their free throws. Catholic was nearly perfect, however, going 17-for-19 from the line in the second half and 20-for-26 in the game.

Jenn Olinger led all scorers with 15 points, sophomore Lindsey Forbush scored 14, and freshman Debbie Bruen added 12 for the Eagles.

On Jan. 17, the Eagles picked up their first conference win of the season a 71-61 victory over St. Mary's College, the first of Applebury's Mary Washington career. After a loss to Washington & Lee University on Jan. 19, the Eagles' overall record stands at (4-9, 1-3 CAC).

The Eagles' next home game is  
Saturday, Jan. 24 at 2 p.m. against  
Salisbury University.

## Coaches take rivalry to the next level

► **WOOD**, page 6

"I don't think that really got under [Lonergan's] skin," said Wood. "I was just making the point that I wasn't going to let him get away with stuff like that."

In his response to the incident, Lonergan also said that he believes "it was all a premeditated act by coach Wood to make the evening even more exciting so the students will keep coming back to the games."

Wood believes the incident is simply a result of poor sportsmanship. With all the success that Catholic's basketball program has enjoyed in years past, losing is not something the school is used to.

"Losing gives you perspective," Wood said. "When the chips are down, and things get tough, how do you react then? That is what defines a person."

If the past is any indicator, Wood makes a valid point. Lonergan has a history of similar incidents at other schools as well.

Five years ago, Lonergan made similar in-game comments to a player at Salisbury University. Unlike Fowler, who took the insult lightly, the Salisbury player took a swing at Lonergan and a fight broke out.

According to Salisbury University's Director of Athletics Mike Vienna, the player was suspended and penalized by the university.

Salisbury's current head coach, Steve Holmes, was not affiliated with the school at the time of the incident, but said that he was briefed on it before his first game against Catholic. He has not experienced any significant incidents involving Lonergan in his three-year tenure.

According to Mary Washington College's Director of Athletics Ed Hegmann, a grievance has been filed with the Capital Athletic Conference. The grievance will go before a three-person ethics committee and the case will be settled from there. The conference commissioner could not be reached for comment on the case.

These teams will meet at least once more this season when Mary Washington goes to Catholic on Feb. 11. There is also a possibility of a rematch from last year's CAC title game if both teams make the tournament this year.



Peter Kelly/Bullet

A fired up Rod Wood talks with reporters after the game.

Write for the Sports  
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the  
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Contact Tom Borak 654-8114  
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### Spring Break

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# Scene

## New Artists Display Their Work

*Mid-Atlantic New Painting Exhibition Found In Ridderhof Martin Gallery.*

**By Lesley Johnson**  
Scene Editor

Artwork selected for the *Mid-Atlantic New Painting* exhibition comes to Mary Washington College. The exhibition will be located in the Ridderhof Martin Gallery from Jan. 22 until March 5.

This will be the second time Mary Washington College will host the *Mid-Atlantic New Painting* exhibition.

Travis Head, a 2002 graduate, started organizing the event last April.

Head was the recipient of the Darden Award for graduating with the highest grade-point-average of his class. Currently, he is a part-time employee for the college, and has an internship through the gallery.

Head asked Stephen B. Phillips, curator of The Phillips collection in Washington, D.C. to be the sole juror of the applicants for this exhibition. The *Mid-Atlantic New Painting* exhibition features the most recent

**-Travis Head**

artworks from residents of Virginia, Pennsylvania, Maryland, and Washington, D.C.

"I'm really excited about seeing the newest artists in the region within contemporary art and I support the tradition," said Jean Dabb, associate professor in the art and art history department.

Dabb hopes that by having recurring exhibitions at Ridderhof Martin Gallery, it will provide a better opportunity for hosting more contemporary art exhibitions in the future.

The only requirements for artists to follow was that they had to reside within the region and their work must be recent. Ideally, they hoped that the artists would submit artwork created within the last two years.

The work was ultimately based on the eye of the beholder. Artists were allowed to choose any type of material or medium, including, but not limited to, oil painting or collages, for their work.

"New painting is pushing the boundaries of otherwise traditional art," Head said.

Out of 74 submissions, only 20 artists were hand-picked for the exhibition. Phillips analyzed over 200 slides with the stipulation that one artist could only submit a maximum of three slides. The *Mid-Atlantic New Painting* exhibition will feature 26 works.

Phillips will give a brief talk to all students that are interested at 3 p.m. on Thursday, Jan. 22 at the Ridderhof Martin Gallery. There will also be an opening reception, free of charge, from 5 p.m. to 7 p.m. Here, Phillips will announce "Best in Show," second, and third place recipients. The cash amounts awarded to each placement are still in negotiation.

"I put together a show that I wish I could have entered," Head said.

Students interested in viewing the works in the *Mid-Atlantic New Painting* exhibition, they can go to the gallery Mondays, Wednesdays, and Fridays from 10 a.m. to 4 p.m. or Saturdays and Sundays from 1 p.m. to 4 p.m. Contact the gallery at 540-654-1013 for more information.

## Two Films Down With Only Three Left To See

*"Bread and Tulips" Sparks the Foreign Film Series*

**By Melissa Ng**  
Staff Writer

The whole auditorium was filled with a combination of laughter, shrieks, and "awws" on the night of Jan. 15 at Dodd Auditorium.

Approximately 100 to 150 people arrived to enjoy the evening's festivities. The seats were taken by couples, elders, students and their friends.

The Foreign Film Series presented "Bread and Tulips," an Italian comedy featuring a Roman housewife who was too busy

to understand that she was living an over demanding life with a lack of respect from her husband.

"I love Italian films and I figured that I would see 'Bread and Tulips' and it was great," said sophomore Paul Kozar. "I loved the humor and loved the story."

Senior Elizabeth Ferguson was sitting next to her boyfriend, senior Andy Trammell, when she began talking about how excited she was to see the film.

"I love to watch foreign films," Ferguson said. "I was too busy last semester to watch the films offered by the college, so I'm even more excited to come to this years."

Trammell added, "It is our first movie together. I think it is romantic."

It seems to be the hot spot for many other couples, including freshman Liz Williams and her boyfriend.

"My boyfriend was going to see it with two girls from his dorm," Williams said. "Just making sure that they are just his 'friends.'"

Students seemed to enjoy the plot based on their applause at the end.

"It was funny and I liked how it showed a woman getting away from monotony at home and becoming free and finding a more exciting life," said sophomore Patrick McGowan.

"I thought this was a great movie for women to see," said McGowan's girlfriend, freshman Amber Arnold. "It did a good job showing an oppressive situation. It was not cliché."

"The only movies to watch are foreign films," said Arnold. "I'll probably be at every single one."

Gary Stanton, an associate professor of the historic preservation department, described this experience as a "wonderful fantasy."

Sophomore Chelsea Baker, attended because she had already seen the movie and was excited to see it again.

Many students, friends, and faculty members, including Stanton, Williams, Arnold and McGowan, would recommend the series to anyone who had the time to attend them.

"Actually, I was going to recommend [the series] to my mom," Arnold said.

There are five films featured for this semester's series. Each film is free of charge and open to the public.

The second film in the series, "To Be and to Have," was shown on Tuesday, Jan. 20 at Dodd Auditorium. It is a French

film that was featured at the Cannes Film Festival.

This successful French documentary by Nicolas Philibert is set in the Auvergne countryside. The film centers on a teacher who helps his students open their eyes and learn about patience, love, and respect.

"I am pleased that the foreign language department has decided to alternate who organizes the Foreign Film Series every year," said junior Lynn Aiani. "As a result, we get a chance to be exposed to different film styles."

The remaining films include: "Mondays in the Sun" (Spanish) on Jan. 28, "Nowhere in Africa" (German) on Feb. 4, and another French film on Feb. 9.

The series started over twenty years ago. Roy Weinstock, the vice president for planning, assessment, and institutional research is the series' biggest fan.

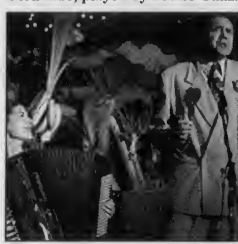
He has seen almost every film in the last twenty years and will only miss one if he



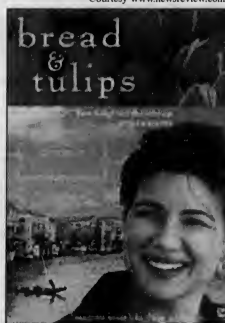
Above: Rosalba, starring Licia Maglietta, begins her journey back home.

Right: The cover of the movie "Bread & Tulips."

Below: Rosalba, played by Licia Maglietta, co-star's with Fernando, played by Bruno Ganz.



Courtesy www.cinephiles.com



Courtesy www.rottenatoes.com

absolutely has to.

Vera Niebuhr, associate professor of German, is the lady behind all the films given to Mary Washington College faculty and students of foreign language professors.

She is also responsible for notifying the students about the series through email.

"Foreign films provide a view of another culture," Niebuhr said. "When we see these films, we not only have the opportunity to hear a foreign language spoken by natives in their own country, but we also come to know a social reality that may be very different from ours. Thereby, we often gain a new dimension to our own cultural outlook."

Students will appreciate the knowledge the series provides concerning cultural backgrounds and various languages, as well as how it provides the education at no cost to the viewer.

"Since I am broke or actually since I am a college student, it is

▶ See FILM, page 9



## New CDs This Week

From the top left:  
Ani DiFranco "Educated Guess"  
Public Enemy "There's A Poison Goin' On"  
Lorrie Morgan "Show Me How"  
Ray Charles "Let's Have A Ball"

Note: All CD release dates were Jan. 20, 2004  
All CD cover art courtesy of allmusic.com

## Top 3 Movies

Courtesy of imdb.com



1. Along Came Polly

2. Big Fish

3. Torque



# What Was the Best Part of Your Break?

Courtesy of Diane Hernandez



**"I got to spend my whole day in D.C. with my best friend."**

**-Sarah Stephens,  
Freshman**



**"I joined a singing contest in New York and won a \$200 Fubu one piece."**

**-Sookyo Yoon,  
Freshman**



**"I went to 'Filthadelphia' for New Years."**

**-Jojo Flores,  
Junior**



**"I went clubbing in D.C."**

**-Erica Thorsen,  
Freshman**



**"I joined a convent, and became a nun...intern...thingy."**

**-Ben Tolson,  
Freshman**

## ◀ From FILM, page 8

nice that these movies are free," said junior Timothy Ryan Jr. "It can also be a cheap date. Right on."

Junior Beth Cullen was not able to make the first film. However, upon hearing the news, she plans on checking her email so that she will not miss the next one.

"It offers Mary Washington students a taste of culture that they, otherwise, would be unable to find on their own," Cullen said.

"There is a lot of trash on TV nowadays," Ryan said. "I know that it would at least make me feel better in terms of what I am doing culturally speaking."

According to students, the foreign film series are becoming very popular.

"I did not hear about it last semester, but now it seems like everyone knows or is at least interested in the series," Ryan said. "Some week nights can get kind of hectic with the workload, so it would be nice to just chill, relax and watch a movie for a few hours."

The foreign film series offers a fun event for students to partake in during the week, rather than having to wait until the weekend to find something entertaining to go to.

"It is a fun way to do something different," Cullen said. "It is also good that people with experience in taste pick these movies because they know which ones are the good ones."

The films are featured on different nights of the week to give students with night classes the chance to attend at least some of the films.

For additional information, students may contact the Foreign Language Department at 540-654-1990.

### Remaining films in the series:

**Tuesday, Jan. 28**

**"Mondays in the Sun;" a Spanish Film**

**Wednesday, Feb. 4**

**"Nowhere in Africa;" a German Film**

**Monday, Feb. 9**

**TBA; a French Film**

**All are shown at 7:15 p.m. in Dodd**



Courtesy www.movies-go.com

This is a scene taken from "Mondays in the Sun." It will be the third film of the Foreign Film Series.

## Dining Services @ MWC Spring 2004:

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### A Look Ahead...

**January 22: Prime**  
**Rib Premium Night**



**February 19: Black**  
**History Month Dinner**

**March 17: St.**  
**Patrick's Day Dinner**

**April 28: Finals**  
**Breakfast Break**



### Ebites



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**OR SEACOCK AND**  
**RECEIVE E-MAILS WITH**  
**INFO ABOUT OUR**  
**SERVICES, FEATURED**  
**ITEMS, AND COUPONS!**

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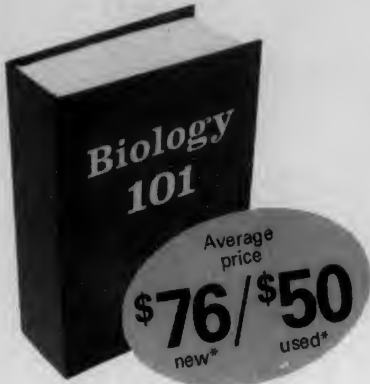
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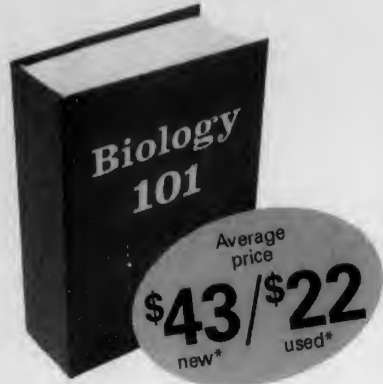
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The Weekly Wassup

What to do...Where to go?!

January 22 - January 28



Thursday      Friday      Saturday      Sunday      Monday      Tuesday      Wednesday

Foreign Film  
Series: TO  
BE AND TO  
HAVE

Dodd  
Auditorium

7:15 p.m.

Fire and Ice  
Dance

Great Hall

8 p.m.-1 a.m.

Piano recital  
by Lynn  
Mackey

Dodd  
Auditorium  
4 p.m.

Dr. Martin  
Luther King  
Celebration  
Keynote  
Speaker  
Wade  
Henderson

Dodd  
Auditorium  
4 p.m.

Foreign Film  
Series:  
BREAD  
AND  
TULIPS

Dodd  
Auditorium

7:15 p.m.



# Unwelcome Solicitors Harass Students

By Stephanie Twining  
Assistant Features Editor

Junior Katie Domitz remembers when she was awakened early one morning by an unexpected phone call. When she answered the phone, a seemingly friendly voice asked for her by her first name. It turned out the caller was a representative from Visa, asking her to sign up for a credit card. Domitz was less than amused.

"It's annoying because they call early in the morning and they wake you up," Domitz said. "Like when I didn't have a class and I wanted to sleep in a little bit, but they called. It was just really annoying."

Mary Washington College students living on campus are faced with the problem of incessant calls from credit card companies.

Freshman Rebecca Clark has received several calls to her room from a Visa representative. "They've called a couple times," Clark said. "They kept calling back for my roommate because she wasn't there."

Clark said she was alarmed that the company could get her dorm phone number and that they asked for her

personally when they called.

"I was a little creeped out because I thought only students could get our numbers," Clark said. "I don't want the Visa company calling me."

According to Chris German, president for Information Technologies and Privacy Officer at the college, the student directory is considered a state document and is available under the Freedom of Information Act.

"Phone numbers are defined as directory information under the Family Education Rights and Privacy Act, which determines what can and should be released," German said.

According to the Student Handbook, the college may release directory information as defined: student's addresses (campus, home, mailing, email, etc.) and telephone numbers (local and home), class level, previous institutions attended, major fields of study, names of parents, participation in sports, physical factors for athletes and date and place of birth.

The information not included as directory information is medical, psychological, services center records and academic records.

"I think it's crazy that just anyone

can get all that information about me," junior Kim Thomason said. "Any company that wants to sell me stuff can get my name and number from my school and that just does not seem right."

According to the Handbook, students have the option to request to the Office of the Registrar that their directory information not be released, thus removing the student's information from any and all public records including the student directory.

If the student does not make the request to keep the information private, then they are subject to receiving phone calls and mailings from anyone who obtains the directory information.

Clark said she surprised Visa seems to be targeting college students.

"A lot of kids in college get suckered in to getting a bunch of credit cards," Clark said. "[Visa] knows who to call."

According to Senior Vice President for Advancement and College Relations Ron Singleton, campus offices do not receive solicited phone calls. However, he said twice a year insurance companies call asking for a copy of the directory.

"Whenever they call up, we say that we don't release the information for commercial purposes," Singleton said. "We are very concerned about that."

According to the Family Education Rights and Privacy Act and Virginia's Freedom of Information Act are consistent with the policy of selective distribution.

Linda Martin, director of services, said that the college is making the decision to do this.

German said it is difficult to control directory information precisely.

Singleton suggested students try signing up for the National Do Not Call Registry.

"Someone across the hall told me she was thinking of signing up, so we do not call her," Clark said. "I wish it could work."

The National Do Not Call

Registry is a place where consumers can register their phone numbers to prevent telemarketers. A person's phone number can be added to the registry for free either at the Web site or by calling a toll free number.

According to a June press release of the Federal Communications Commission, registration lasts for five years, until a number is disconnected, or until the consumer takes it off the registry.

The Federal Trade Commission, the Federal Communications Commission and the state governments began enacting the Do Not Call provisions of the Marketing Rules on Oct. 1. Consumers should not be down in the middle of calls they receive.

Students, however, like those from the organizations, are not covered by the National Registry requirements. Consumers who sign up for the registry may still receive these calls.

By Sept. 17, over 50 million phone numbers were registered, and over \$125 million in telemarketing was prevented.

German said while the Do Not Call registry has some aspects to be worked out, it should be a good system.

"The law looks like it's rotating around to help with these issues," German said. "You should be able to say who can get in touch with you."

## No More Nonoxynol

Health Center To Replace Condoms Deemed Inadequate

By Stephanie Young  
Staff Writer

The Mary Washington College Health Center will be changing the type of condoms they distribute because of concerns that a spermicide in the old type increases the risk of HIV transmission.

The spermicide used, nonoxynol-9 or N9, has been shown to be abrasive to the skin and linings of the vagina and anus. This can cause tiny open sores which increase the chances of spreading HIV, due in part to many people being allergic to N9. The Health Center denies this is the reason for the change.

"The whole issue of nonoxynol-9 increasing the risk of AIDS is not completely valid," said Nancy Yates, associate director of the Health Center. "The study on which this was based was

done on prostitutes outside the U.S. who had multiple sex partners in one night. We are not changing the type of condoms we are using based on anything other than the request from students."

Despite the Health Center's claims, students say they feel it is still important to change the type of condoms used.

"It's good that they are going to respond to concerns for people who want to practice safe sex and that they will have effective means to do so," said Leslie Brown, the campus sub-committee chair of the Legislative Action Committee. The Legislative Action Committee was responsible for initiating response to the concerns about the type of condoms used, which were expressed by an anonymous motion to the committee.

According to the World Health Organization, condoms containing N9 are no more effective in

preventing pregnancy or sexually transmitted infections than condoms lubricated with silicon, and the use of condoms containing N9 should no longer be promoted. According to the Center for Disease Control, researchers saw a 48 percent increase in the transmission of HIV in a June 2000 study by Dr. Lut Van Damme on the use of N9 with sex workers.

The Legislative Action Committee reviewed an anonymous motion about the type of condoms distributed at the Health Center in November. The motion requested they look into the Health Center providing alternatives to the current condoms used. The Health Center responded to student concerns and made the requested changes.

"We were ordering condoms with nonoxynol-9," Yates said. "Now we are ordering plain lubricated condoms. There are no non-lubricated on our state contracts so we'll take us just a bit longer to get them in stock."

Judith Parker, chair of the HIV/AIDS Education Committee, said she could not comment on the changes at this time.

The Health Center orders condoms through a

state contract with Ansell Lifestyles condoms. They have not changed vendors, but they will change the type of condoms that are distributed. Students can get condoms in the Self Care Center or on the Self Care After Hours cart at the Health Center.

The Health Center distributes approximately 3,500 condoms a year, Yates said. The non-lubricated condoms will cost the Health Center slightly more, but the change from nonoxynol-9 to plain lubricated will not make a significant impact on the budget.

"We do not have a set budget for condoms," Yates said. "We just feel that it is to the benefit of students to have them available, so we make sure they are available. It is a small portion of our overall budget."

Students feel this is a positive change for the Health Center to make and are glad school officials respond to their concerns.

"It was wise and will restore some credibility to Student Health," said junior Mariam Ouhamou. "It's probably good for PR, too. It will promote various types of safe sexual activities, which is good."

## Flu Attacks, People Suffer

By Lisa Maloney  
Staff Writer

Flu season is well underway and concern has risen over the large-scale flu epidemic and vaccine shortage that occurred last year.

Numbers for how many students have contracted the flu so far this season are unavailable, but in classrooms across the Mary Washington College campus sounds of sneezing, coughing and sniffing have become commonplace.

"We didn't really start seeing a lot of cases until after Thanksgiving break," said Nancy Yates, director of the Health Center. The Health Center has been full of students complaining of symptoms almost nonstop ever since.

The early onset of flu season, which normally lasts from November through April, has caused long lines for flu shots at area locations, such as Ukrop's grocery store on Route 3 in Spotsylvania.

The Center for Disease Control Prevention's Web site on influenza reports "current surveillance data show that people in the United States are getting sick with flu earlier in the year than usual."

In response to the early flu season, the Health Center offered several dates for students to get cheap flu shots last semester. Many students took advantage of the seven-dollar shots.

Freshman Tricia Dilger was one of the many students who went to the Health Center for a flu shot.

"I figured that living in a dorm I would have a better chance of getting the flu," she said. "So I decided to suck it up and get the shot."

She felt the momentary inconvenience of getting a shot was worth it.

"It hurt for a second," Dilger said. "And I haven't gotten the flu yet."

According to Dilger, who lives in Russell Hall, many people in her dorm have gotten the flu this semester.

"I think it's really going around," she said. "So I'm crossing my fingers that the shot really works."

Junior art history major Danielle Blosser was another student who paid a visit to the Health Center.

"I got the flu shot and it made my arm sore," Blosser said. "One of my roommates also got one and she had a sore arm too. And neither of us has gotten the flu yet."

Blosser expressed her concern, though, that the current flu shot is a different strain than the

virus going around. She said she's not so sure the shot she received will keep her flu-free for the entire flu season.

In response to concerns such as this one, the Center for Disease Control's Web site said while it is possible to contract the flu even after getting vaccinated, symptoms may be lessened and there is still a good chance for protection from the virus.

In a news conference held by the Center for Disease Control on Dec. 9, Director of the CDC Julie Louise Gerberding said, "Our experience so far has been that the vaccine will still offer protection, although we won't know for several weeks or months exactly how close that cross protection is. We are initiating some studies to make sure that we'll have an answer to that question as we go forward."

The current strain that is going around right now is called the H3N2 strain, or the Fujian strain, Gerberding said.

The vaccine is made from the H3N2 Panama strain, which is a very close match to the Fujian strain.

While many students still question the effectiveness of the flu shot, many more are getting it. Junior biology and business major Beth Laclede got her shot at Giant.

"My mom made me," she said. "It was expensive, maybe \$15. And it makes your arm sore for the next hour."

However, Laclede hasn't contracted any symptoms either.

"I haven't gotten the flu since I've been at college," she said.

There are some students who haven't bothered getting vaccinated this year.

Senior international affairs major Jason Lancaster hasn't gotten the flu shot, but hasn't gotten sick at school.


He said he only got sick "from the dust at my house in Texas. Once I got back here I was fine."

Despite widespread concern over the spread of the flu this year, statistics show Virginia has one of the least serious flu problems through out the country.

According to the current weekly influenza report published on the Center for Disease Control Web site, Virginia was one of six states nationwide who reported only local influenza activity.

» See FLU, page 2

**MWC's Giant Productions Presents**



**ACOUSTIC ON THE FRONT PORCH**

**LONESTAR**

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**Thursday, February 5**

**Dodd Auditorium, GW Hall, Mary Washington College**

**Doors open at 7 pm**

Tickets are \$10 for MWC students; \$25 for all others  
Must have college ID or be over 18 with a photo ID

MWC students may purchase tickets after January 19 in Woodard Campus Center  
General Public may purchase tickets after January 23  
online at <http://students.mwc.edu/~giant/> or in the Campus Center

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